



Child Intake

I appreciate the time you take to fill in this form, it provides me with an accurate history of you and your child. If there is any information you are not comfortable providing please do not or if there is something you would like to add please add it. Thank you.

Child's Name: _____ Today's Date _____

Child's Age: _____ Child's Ethnicity: _____ Sex: M F

Date of Birth: _____ / _____ / _____ (month/day/year)

Height of Child: _____ Weight of Child: _____ Grade Level: _____

Your Name: _____ Relation _____

Who does the child live with? _____

Primary Contact _____ Relation _____

Home phone _____ Other Phone _____

Address _____

Contact #2 _____ Relation _____

Home phone _____ Other phone _____

Address _____

The Child's Health Care Providers (phone # and/or address please)

1. _____
2. _____
3. _____

Please List the Child's Health Concerns in order of importance

1. _____
2. _____
3. _____
4. _____
5. _____

Birth History



Term Length: Pre-term (37 weeks or less): _____ weeks
 Full-term (38 → 42 weeks): _____ weeks
 Post-term (more than 42 weeks): _____ weeks

Up to what time did the mother work prior to delivery?

Location of Birth: Hospital Home Birthing Center
 Other: _____

Name of delivery doctor, midwife, doula, other:

Type of Birth: Vaginal (Head First, Breech) C-section

Were there any complications during delivery (vacuum, forceps, other)?

Were any medications administered during labor (oxytocin, streptomycin, other)?

Length of Labor: _____ Weight and Length of Infant at Birth: _____

Did the infant experience any of the following at or shortly after birth (please elaborate where necessary)?

Jaundice Respiratory Difficulties Failure to Thrive Rashes
 Seizures Birth Injuries Birth Defects Other:

Mother's History

1. How was the health of the parents at the time of conception (please circle)?

| | | | | | |
|----------------|------|------|------|-----------|---------|
| Mother: | Poor | Fair | Good | Excellent | Unknown |
| Father: | Poor | Fair | Good | Excellent | Unknown |

2. How old was the mother at conception? _____ Father? _____

3. Were any fertility drugs (etc..) used prior to conception? Explain.



4. How was the mother's health during the pregnancy?
Poor Fair Good Excellent Unknown
5. Did the mother receive prenatal medical care? Yes No Unknown
6. Did the mother receive Naturopathic prenatal care? Yes No
7. How was the mother's diet during the pregnancy?
Poor Fair Good Excellent Unknown

8. How many prior pregnancies and live births did the mother have? _____
9. Did the mother use any of the following during pregnancy?

Tobacco Alcohol Recreational Drugs: _____

Prescription Medications: _____

Over-the-counter Medications: _____

Vitamins / Supplements: _____

10. Were there any complications during the pregnancy (high blood pressure, bleeding, thyroid problems, toxemia, eclampsia, gestational diabetes, bed rest, nausea, vomiting, mental, emotional, physical trauma, other)?

11. Were any tests performed during pregnancy (ultrasound, amniocentesis, streptococcus swab, other)? What were the findings?

Lifestyle and Environment

Are the child's parents: Married Separated Divorced
 Other: _____

How would you describe the emotional climate in the child's home? _____

Are there any pets in the home? No Yes: _____

Does anyone in the household smoke? No Yes



What cleaning products are used in the home? (Please list)

Does your child have any known environmental or chemical sensitivities (i.e. perfumes, detergents, etc.)?

Please chart the stress level in the child's home: (1=least stressful) →
(10=most stressful)

1 2 3 4 5 6 7 8 9 10

Is the child in: School Daycare Home care Other: _____

Child

How many hours of TV per day does the child watch? _____

How many hours of exercise per day does the child get? _____

What are the child's favorite activities? _____

How often does your child read? _____

Mother:

Alcohol: Yes No Drinks per day _____

Cigarette Smoking: Yes No Cigarettes per day _____

Prescription Drugs: Yes No Names and doses _____

Recreational Drugs: Yes No

Supplements: Yes No

Regular Exercise: Yes No

Were these habits consistent throughout pregnancy? Yes No

Diet History

How was the infant fed?

Breast-fed, how long? _____ Formula? _____

Other (Cow's Milk / Soy Milk / Rice Milk): _____

What foods were introduced before 6 months (please list approximate month of introduction)?

What foods were introduced between 6 and 12 months of age (please list approximate month of introduction)?

Does your child have any food allergies or intolerances? Please list. _____



| | |
|------------------------|--|
| General susceptibility | |
| Other illnesses | |

Comments: _____

Family History (mother, father, grandparents, aunts, uncles, other):

Please indicate if any member of the family has experienced any of the following

| Condition | Relative | Condition | Relative |
|---|----------|--|----------|
| <input type="checkbox"/> Allergies | | <input type="checkbox"/> Seizures | |
| <input type="checkbox"/> Anemia | | <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Arthritis | | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Birth Defects | | <input type="checkbox"/> Eczema | |
| <input type="checkbox"/> Bleeding Disorder | | <input type="checkbox"/> Glaucoma | |
| <input type="checkbox"/> Cancer | | <input type="checkbox"/> Kidney Disease | |
| <input type="checkbox"/> Hay Fever | | <input type="checkbox"/> Psoriasis | |
| <input type="checkbox"/> High Blood Pressure | | <input type="checkbox"/> Depression | |
| <input type="checkbox"/> Heart Attack/Disease | | <input type="checkbox"/> Tuberculosis | |
| <input type="checkbox"/> Other: | | <input type="checkbox"/> Mental Illness (explain): | |

I don't know the family medical history

Do either of the parents have a chronic illness? Yes No Please describe _____

Is there is any other information you would like me to have at this time? _____

Thank you for your time. I look forward to working with you and your child.