



## Adult Intake Form

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Name \_\_\_\_\_ Date of 1<sup>st</sup> visit \_\_\_\_\_

Date of Birth (y/m/d) \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone (home) \_\_\_\_\_ Work and/or Cell \_\_\_\_\_

Can messages be left at: Home Y/N Work/Cell: Y/N

Email \_\_\_\_\_ Employer \_\_\_\_\_

Occupation \_\_\_\_\_ Hrs/wk \_\_\_\_\_

Marital Status \_\_\_\_\_ Children \_\_\_\_\_ Ages \_\_\_\_\_

Emergency Contact

Name \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_ Address \_\_\_\_\_

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How did you hear about the clinic? \_\_\_\_\_

Have you received Naturopathic care previously? \_\_\_\_\_

Other Health Care Providers

1. \_\_\_\_\_ ( ) \_\_\_\_\_

2. \_\_\_\_\_ ( ) \_\_\_\_\_

3. \_\_\_\_\_ ( ) \_\_\_\_\_

## Current Health Information

Please list any health/problems in order of importance that you have.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Have you consulted your MD regarding your health concerns listed, what therapies were prescribed, and what was the result? \_\_\_\_\_



Have you ever been to see a: **Naturopathic Doctor**      **Chiropractor**  
**Acupuncturist**      **Massage Therapist**      **Other**

What was the therapy given and what were the results? \_\_\_\_\_

\_\_\_\_\_

Please list all other prescribed medications you are presently taking. Indicate the name of the drug, dosage, frequency and how long you've taken it.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever had a bad reaction or allergy to any medication?

\_\_\_\_\_

How many courses of antibiotics have you had in the past 10 years?

\_\_\_\_\_

**PAST MEDICAL HISTORY**

Please list the most significant stressful events of your life (include childhood).

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

Have you ever been diagnosed with a serious illness? When?

\_\_\_\_\_

\_\_\_\_\_

What hospitalizations or surgeries have you had? When did they occur?

\_\_\_\_\_

\_\_\_\_\_

Please list any serious accidents or injuries, and when they happened.

\_\_\_\_\_

\_\_\_\_\_



Which of the following pertain to YOU personally? Please indicate now (N) or in the past (P)?

| Allergies       | N | P | Weight Problems      | N | P | Stroke                       | N | P | Tonsilitis               | N | P |
|-----------------|---|---|----------------------|---|---|------------------------------|---|---|--------------------------|---|---|
| Asthma          |   |   | Gallstones           |   |   | Cancer                       |   |   | Miscarriage              |   |   |
| Eczema          |   |   | Gout                 |   |   | Epilepsy                     |   |   | Varicose veins           |   |   |
| Psoriasis       |   |   | Arthritis            |   |   | Migraine                     |   |   | Broken bones             |   |   |
| Ear infections  |   |   | Thyroid              |   |   | Pneumonia                    |   |   | Numbness/tingling        |   |   |
| Strep throat    |   |   | Anemia               |   |   | Pneumonia                    |   |   | Cold hands/feet          |   |   |
| Measles         |   |   | High bp              |   |   | Malaria                      |   |   | Warts                    |   |   |
| Scarlet fever   |   |   | Rhuematic fever      |   |   | Tuberculosis                 |   |   | Mono                     |   |   |
| Chicken pox     |   |   | Fainting             |   |   | Small Pox                    |   |   | Depression               |   |   |
| Whooping cough  |   |   | Poor Memory          |   |   | Polio                        |   |   | Yeast infection          |   |   |
| Mumps           |   |   | Balance Problems     |   |   | Digestive Problems           |   |   | Mental illness           |   |   |
| Hayfever        |   |   | Speech Problems      |   |   | Hemorrhoids                  |   |   | Child abuse              |   |   |
| Diphtheria      |   |   | Ringling in the Ears |   |   | Herpes                       |   |   | Physical abuse           |   |   |
| Canker sores    |   |   | Hepatitis            |   |   | Rectal bleeding              |   |   | Sexual abuse             |   |   |
| Sinusitis       |   |   | Jaundice             |   |   | Headaches                    |   |   | Emotional abuse          |   |   |
| Acne            |   |   | Heart disease        |   |   | Visual problems              |   |   | Fibroids                 |   |   |
| Chronic fatigue |   |   | Alcohol abuse        |   |   | Sexually transmitted disease |   |   | Urinary tract infections |   |   |



## Family Health History

|                      | Mother | Father | Siblings | Grandparents | Other blood relative |
|----------------------|--------|--------|----------|--------------|----------------------|
| Cancer               |        |        |          |              |                      |
| Tuberculosis         |        |        |          |              |                      |
| Heart disease/stroke |        |        |          |              |                      |
| arthritis            |        |        |          |              |                      |
| Diabetes             |        |        |          |              |                      |
| High blood pressure  |        |        |          |              |                      |
| Asthma               |        |        |          |              |                      |
| Kidney disease       |        |        |          |              |                      |
| Depression           |        |        |          |              |                      |
| Substance abuse      |        |        |          |              |                      |
| Neurological disease |        |        |          |              |                      |

Is there anything else pertinent to your health that has not been covered?

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**Thank you for your time.**

**I look forward to working with you!**